

**TRAINING AND TESTING  
SPECIFICATIONS FOR LEARNING DOMAIN #34  
FIRST AID, CPR, AND AED**

April 1, 2020

RBC	Other Basic Courses					Requal
	832	III	II	I	SIBC	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	

I. LEARNING NEED

Peace officers must recognize they have a responsibility to act in good faith and to provide emergency medical services (EMS) to the best of their abilities and within the scope of their training.

LEARNING OBJECTIVES

A. Discuss the components of the EMS system including:

1. EMS access
2. Interaction with other EMS personnel
3. Local EMS and trauma systems

B. Identify the primary responsibilities of peace officers as EMS first responders and at an emergency including:

1. Safety
  - a. Exposure to chemical, biological, radiological, or nuclear (CBRN) substances and scene safety
2. Scene size-up
3. Law enforcement actions
4. Assessment and care of victims

C. Identify the links of the chain of transmission of infectious pathogens



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X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	

D. Recognize conditions under which an injured victim should be moved from one location to another

E. Recognize proper procedures for moving a victim including:

1. Shoulder drag
2. Lifts and carries which may include using:
  - a. Soft litters
  - b. Manual extractions including fore/aft, side-by-side, shoulder/belt

### III. LEARNING NEED

Peace officers may be required to provide basic life support for a victim, fellow officer, or themselves until additional medical services become available.

#### LEARNING OBJECTIVES

A. Identify the components of the Chain of Survival

B. Demonstrate Cardiopulmonary Resuscitation (CPR) for adults, children, and infants, following current American Heart Association (AHA) Guidelines for CPR and Emergency Cardiovascular Care (ECC) at the Healthcare provider level including:

1. Ventilation duration
2. Pulse location
3. Compression depth
4. Compression rate
5. Compression-to-ventilation ratio (one-person CPR)
6. Compression-to-ventilation ratio (two-person CPR)
7. Automated External Defibrillator (AED)

C. Discuss basic Automated External Defibrillator (AED) operation including:

1. Special considerations
2. Troubleshooting







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X X X X		X X X X			X X X X	
X		X			X	
X  X X		X  X X			X  X X	<u>X</u>  <u>X</u> <u>X</u>
X  X X X X		X  X X X X			X  X X X X	<u>X</u>  <u>X</u> <u>X</u> <u>X</u>
X  X X		X  X X			X  X X	
X  X X		X  X X			X  X X	

7. Severe abdominal pain
  8. Allergic reactions and anaphylaxis
    - a. Assisted epinephrine administration
    - b. Accessing EMS
- B. Identify signs and symptoms of psychological emergencies
- C. Differentiate between indicators and first aid measures for treating diabetic emergencies:
1. Low blood sugar (hypoglycemia) including assisted oral glucose administration
  2. High blood sugar (hyperglycemia)
- D. Recognize appropriate first aid measures for a victim experiencing signs of:
1. Poisons that have been ingested, inhaled, absorbed, or injected
    - a. Poison control system access
  2. Alcohol and/or drug-related emergencies including:
    - a. Assisted Naloxone administration
    - b. Accessing EMS
- E. Differentiate between the indicators and first aid measures for treating:
1. Hypothermia and frostbite
  2. Heat cramps, heat exhaustion, and heat stroke
- F. Recognize appropriate first aid measures for:
1. Insect bites and stings
  2. Animal and human bites
- VI. LEARNING NEED
- Peace officers must have a basic understanding of first aid measures to assist before, during and after childbirth in an emergency situation.

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X		X			X	<u>X</u>
X		X			X	<u>X</u>
X		X			X	<u>X</u>
X		X			X	<u>X</u>
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	<u>X</u>
X		X			X	<u>X</u>

## LEARNING OBJECTIVES

- A. Recognize the signs of imminent birth
- B. Recognize appropriate first aid measures for each of the following emergency situations that may occur in childbirth:
- Excessive vaginal bleeding
  - Newborn fails to breathe

## VII. REQUIRED TESTS

- A. The POST-Constructed Comprehensive Test on the objectives in Learning Domain #34.
- B. An exercise test that requires the student to demonstrate competency in the following skills:
- Assesses victim
  - Activates emergency response system
  - Checks for pulse
  - Delivery of high-quality CPR
  - Provides effective breaths
  - Automated External Defibrillator (AED) operation

Presenters must use a Skills Exercise Test Form which minimally includes the standards promulgated by the current AHA Guidelines for Cardiopulmonary Resuscitation (CPR) and Emergency Cardiovascular Care (ECC).

## VIII. REQUIRED LEARNING ACTIVITIES

- A. A learning activity that requires the student to conduct a primary assessment. The primary assessment shall minimally include:
- Primary assessment





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X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	
X		X			X	<u>X</u>
21		21			21	<u>8</u>

injury that caused it?

E. The student will participate in a learning activity that will demonstrate how to bandage different injuries while using PPE to minimize the dangers associated with infectious diseases and wash hands and disinfect equipment after providing treatment in accordance with the following principles:

1. Use the cleanest material that is available
2. Expose the injury site
3. Cover the entire injury site
4. Bandage snugly but without impairing circulation
5. Leave victim's fingers and toes exposed
6. Immobilize injury site as necessary

F. The student will participate in a learning activity that will simulate a comprehensive response to a traumatic injury which will include rescue, evacuation, treatment and transportation.

#### IX. HOURLY REQUIREMENTS

Student shall be provided with a minimum number of instructional hours on first aid and CPR as required by Title 22, Division 9, Chapter 1.5, Section 100017(a) of the California Code of Regulations.

#### X. ORIGINATION DATE

January 1, 2001

#### XI. REVISION DATE

October 1, 2001

January 1, 2004

January 1, 2006

January 1, 2008

July 1, 2008

July 1, 2009

July 1, 2010

August 1, 2013

February 1, 2017

April 1, 2020

April 1, 2022